

INDOOR POOL - Non -Term Time Monday 25th May - Sunday 31st May

	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
MON	Lane 1	Adults Only		Adult Swim Ts	Lane Swim		Adults Only	Swim Crash Course		Lane Swim	Swim Crash Course	Lane Swim	Adult Swim Ts	Adults Only	
	Lane 2	Adults Only			Lane Swim	Lane Swim		Adults Only	Lane Swim		Lane Swim			Adults Only	
	Lane 3	Adults Only		General Swim		HIIT Aqua - 11am	Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only	
	Lane 4	Adults Only		General Swim		General Swim		Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only
TUES	Lane 1	Adults Only		Lane Swim		Lane Swim		Adults Only	Swim Crash Course		Lane Swim	Swim Crash Course	Lane Swim	Lane Swim	Adults Only
	Lane 2	Adults Only		Lane Swim	Lane Swim		Adults Only	Lane Swim		Lane Swim		Lane Swim		Adults Only	
	Lane 3	Adults Only		General Swim	Aqua 9.45am	Lane Swim	Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only	
	Lane 4	Adults Only		General Swim	Lane Swim	General Swim	Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only	
WED	Lane 1	Adults Only		Adult Swim Ts	Lane Swim		Adults Only	Swim Crash Course		Lane Swim	Swim Crash Course	Lane Swim	Adult Swim Ts	Adults Only	
	Lane 2	Adults Only			Lane Swim	Lane Swim		Adults Only	Lane Swim		Lane Swim			Adults Only	
	Lane 3	Adults Only		General Swim		Aqua 11am	Adults Only	General Swim		Kids Camps	Floats	General Swim		General Swim	Adults Only
	Lane 4	Adults Only		General Swim		General Swim		Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only
THUR	Lane 1	Adults Only		Lane Swim		Lane Swim		Adults Only	Swim Crash Course		Lane Swim	Swim Crash Course	Lane Swim	Lane Swim	Adults Only
	Lane 2	Adults Only		Lane Swim	Lane Swim		Adults Only	Lane Swim		Lane Swim		Lane Swim		Adults Only	
	Lane 3	Adults Only		General Swim	Aqua 11am	Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only		
	Lane 4	Adults Only		General Swim	General Swim		Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only	
FRI	Lane 1	Adults Only		Lane Swim		Lane Swim		Adults Only	Swim Crash Course		Lane Swim	Swim Crash Course	Staff Swim Lesson	Lane Swim	Adults Only
	Lane 2	Adults Only		Lane Swim	Lane Swim		Adults Only	Lane Swim		Lane Swim		Lane Swim		Adults Only	
	Lane 3	Adults Only		Aqua 9am	General Swim	Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only		
	Lane 4	Adults Only		General Swim	General Swim		Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only	
SAT	Lane 1	Adults Only		Swim Lessons		Swim Lessons		Closed Set Up	Inflatable Session ***	Closed Take Down	Lane Swim		Adults Only		
	Lane 2	Adults Only		Lane Swim	Lane Swim		Lane Swim				Adults Only				
	Lane 3	Adults Only		Aqua 8.30am	General Swim		General Swim		General Swim		General Swim		Adults Only		
	Lane 4	Adults Only		General Swim		General Swim		General Swim		General Swim		General Swim		Adults Only	
SUN	Lane 1	Adults Only		Swim Lessons		Swim Lessons		Closed Set Up	Inflatable Session ***	Closed Take Down	Lane Swim		Adults Only		
	Lane 2	Adults Only		Lane Swim	Lane Swim		Lane Swim				Adults Only				
	Lane 3	Adults Only		General Swim		General Swim		General Swim		General Swim		General Swim		Adults Only	
	Lane 4	Adults Only		General Swim		General Swim		General Swim		General Swim		General Swim		Adults Only	

*** Inflatable Session - Indoor Pool is closed for set up / down from 1pm to 1.30pm & 2.30pm to 3pm
 *** Inflatable session only takes place on the first and third weekend of the month, remaining weekends - float session only

Outdoor Pool - Term Time Monday 25th May - Sunday 31st May

	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	
MON	Lane 1	Adults Only		Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only		
	Lane 2	Adults Only		Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only		
	Lane 3	Adults Only		General Swim		General Swim		General Swim		General Swim		Adults Only		
	Lane 4	Adults Only		General Swim		General Swim		General Swim		General Swim		Adults Only		
TUES	Lane 1	Adults Only		Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only		
	Lane 2	Adults Only		Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only		
	Lane 3	Adults Only		General Swim	Hydro Spin - 11am	General Swim		General Swim		General Swim		Adults Only		
	Lane 4	Adults Only		General Swim	General Swim		General Swim		General Swim		General Swim		Adults Only	
WED	Lane 1	Adults Only		Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only		
	Lane 2	Adults Only		Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only		
	Lane 3	Adults Only		General Swim		General Swim		General Swim		General Swim		Adults Only		
	Lane 4	Adults Only		General Swim		General Swim		General Swim		General Swim		Adults Only		
THUR	Lane 1	Adults Only		Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only		
	Lane 2	Adults Only		Adult Swim Ts **	Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only	
	Lane 3	Adults Only		Hydro Circuits 8am	General Swim		General Swim		General Swim		General Swim		Adults Only	
	Lane 4	Adults Only		General Swim	General Swim		General Swim		General Swim		General Swim		Adults Only	
FRI	Lane 1	Adults Only		Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only		
	Lane 2	Adults Only		Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only		
	Lane 3	Adults Only		General Swim	Hydro Circuit 11am	General Swim		General Swim		General Swim		Adults Only		
	Lane 4	Adults Only		General Swim	General Swim		General Swim		General Swim		General Swim		Adults Only	
SAT	Lane 1	Adults Only		Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only		
	Lane 2	Adults Only		Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only		
	Lane 3	Adults Only		General Swim		General Swim		General Swim		General Swim		Adults Only		
	Lane 4	Adults Only		General Swim		General Swim		General Swim		General Swim		Adults Only		
SUN	Lane 1	Adults Only		Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only		
	Lane 2	Adults Only		Lane Swim *		Lane Swim *		Lane Swim *		Lane Swim *		Adults Only		
	Lane 3	Adults Only		H.S. - 8.10am**	General Swim		General Swim		General Swim		General Swim		Adults Only	
	Lane 4	Adults Only		General Swim	General Swim		General Swim		General Swim		General Swim		Adults Only	

* Lane Swim - In case of overcrowding this lane swim will turn into General swim