

**INDOOR POOL - Non -Term Time Monday 13th - Friday 17th April**

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
MON	Lane 1	Adults Only			Adult Swim Ts	Lane Swim		Adults Only	Lane Swim						Adult Swim Ts	Adults Only
	Lane 2	Adults Only				Lane Swim		Adults Only	Lane Swim						Adults Only	
	Lane 3	Adults Only			General Swim	HIIT Aqua - 11am	Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only		
	Lane 4	Adults Only					General Swim		Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only
TUES	Lane 1	Adults Only			Lane Swim		Adults Only	Lane Swim						Adults Only		
	Lane 2	Adults Only			Lane Swim	Lane Swim		Adults Only	Lane Swim						Adults Only	
	Lane 3	Adults Only			General Swim	Aqua 9.45am	Lane Swim	General Swim	General Swim		Kids Camps	General Swim		General Swim	Adults Only	
	Lane 4	Adults Only					General Swim		Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only
WED	Lane 1	Adults Only			Adult Swim Ts	Lane Swim		Adults Only	Lane Swim						Adult Swim Ts	Adults Only
	Lane 2	Adults Only				Lane Swim		Adults Only	Lane Swim						Adults Only	
	Lane 3	Adults Only			General Swim	Aqua 11am	Adults Only	General Swim		Kids Camps	Flots	General Swim		General Swim	Adults Only	
	Lane 4	Adults Only					General Swim		Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only
THUR	Lane 1	Adults Only			Lane Swim		Adults Only	Lane Swim						Lane Swim	Adults Only	
	Lane 2	Adults Only			Lane Swim		Adults Only	Lane Swim						Lane Swim	Adults Only	
	Lane 3	Adults Only			General Swim	Aqua 11am	Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only		
	Lane 4	Adults Only					General Swim		Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only
FRI	Lane 1	Adults Only			Lane Swim		Adults Only	Lane Swim						Staff Swim Lesson	Lane Swim	Adults Only
	Lane 2	Adults Only			Aqua 9am	Lane Swim		Adults Only	Lane Swim						Lane Swim	Adults Only
	Lane 3	Adults Only				General Swim	General Swim	Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only	
	Lane 4	Adults Only			General Swim			Adults Only	General Swim		Kids Camps	General Swim		General Swim	Adults Only	
SAT	Lane 1	Adults Only			Swim Lessons			Adults Only	Closed Set Up	Inflatable Session ***	Closed Take Down	Lane Swim		Adults Only		
	Lane 2	Adults Only			Swim Lessons			Adults Only				Lane Swim		Adults Only		
	Lane 3	Adults Only			Aqua 8.30am	General Swim		Adults Only	General Swim		General Swim		Adults Only			
	Lane 4	Adults Only				General Swim		Adults Only	General Swim		General Swim		Adults Only			
SUN	Lane 1	Adults Only			Swim Lessons			Adults Only	Closed Set Up	Inflatable Session ***	Closed Take Down	Lane Swim		Adults Only		
	Lane 2	Adults Only			Swim Lessons			Adults Only				Lane Swim		Adults Only		
	Lane 3	Adults Only			General Swim	General Swim		Adults Only	General Swim		General Swim		Adults Only			
	Lane 4	Adults Only				General Swim		Adults Only	General Swim		General Swim		Adults Only			

\*\*\* Inflatable Session - Indoor Pool is closed for set up / down from 1pm to 1.30pm & 2.30pm to 3pm  
 \*\*\* Inflatable session only takes place on the first and third weekend of the month, remaining weekends - float session only

**Outdoor Pool - Term Time Monday 13th - Friday 17th April**

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm
MON	Lane 1	Adults Only			Lane Swim *						Adults Only			
	Lane 2	Adults Only			Lane Swim *						Adults Only			
	Lane 3	Adults Only			General Swim						Adults Only			
	Lane 4	Adults Only			General Swim						Adults Only			
TUES	Lane 1	Adults Only			Lane Swim *						Adults Only			
	Lane 2	Adults Only			Lane Swim *						Adults Only			
	Lane 3	Adults Only			General Swim		Hydro Spin - 11am	General Swim			Adults Only			
	Lane 4	Adults Only			General Swim		Hydro Spin - 11am	General Swim			Adults Only			
WED	Lane 1	Adults Only			Lane Swim *						Adults Only			
	Lane 2	Adults Only			Lane Swim *						Adults Only			
	Lane 3	Adults Only			General Swim						Adults Only			
	Lane 4	Adults Only			General Swim						Adults Only			
THUR	Lane 1	Adults Only			Adult Swim Ts**	Lane Swim *						Adults Only		
	Lane 2	Adults Only				Lane Swim *						Adults Only		
	Lane 3	Adults Only			Hydro Circuits 8am	General Swim		General Swim			Adults Only			
	Lane 4	Adults Only				General Swim		General Swim			Adults Only			
FRI	Lane 1	Adults Only			Lane Swim *						Adults Only			
	Lane 2	Adults Only			Lane Swim *						Adults Only			
	Lane 3	Adults Only			General Swim		Hydro Circuit 11am	General swim			Adults Only			
	Lane 4	Adults Only			General Swim		Hydro Circuit 11am	General swim			Adults Only			
SAT	Lane 1	Adults Only			Lane Swim*						Adults Only			
	Lane 2	Adults Only			Lane Swim*						Adults Only			
	Lane 3	Adults Only			General Swim						Adults Only			
	Lane 4	Adults Only			General Swim						Adults Only			
SUN	Lane 1	Adults Only			Lane Swim*						Adults Only			
	Lane 2	Adults Only			Lane Swim*						Adults Only			
	Lane 3	Adults Only			H.S. - 8.10am**	General Swim			General Swim			Adults Only		
	Lane 4	Adults Only				General Swim			General Swim			Adults Only		

\* Lane Swim - In case of overcrowding this lane swim will turn into General swim