

INDOOR POOL - Non Term Time Monday 21st July- 3rd August

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm		
MON	Lane 1	Adult Only			Lane Swim	Swim Crash Course		Adult Only	Swim Crash Course		Lane Swim					Adult Only Swim		
	Lane 2	Adult Only			Lane Swim	Lane Swim		Adult Only	Lane Swim							Adult Only Swim		
	Lane 3	Adult Only			General Swim			HOT Aqua - 10.50am	Adult Only	General Swim		Kids Camps	General Swim				Adult Only Swim	
	Lane 4	Adult Only																Adult Only Swim
TUES	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm		
	Lane 2	Adult Only			Lane Swim	Swim Crash Course		Adult Only	Swim Crash Course		Lane Swim					Adult Only Swim		
	Lane 3	Adult Only			Lane Swim		Lane Swim		Adult Only	Lane Swim							Adult Only Swim	
	Lane 4	Adult Only			Aqua 9.45am	General Swim			Adult Only	General Swim		Kids Camps	General Swim				Adult Only Swim	
WED	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm		
	Lane 2	Adult Only			Adult Swim T's	Swim Crash Course		Adult Only	Swim Crash Course		Lane Swim	Float Session	Lane Swim			Adult Only Swim		
	Lane 3	Adult Only				Lane Swim		Adult Only	Lane Swim		Lane Swim			Adult Only Swim				
	Lane 4	Adult Only			General Swim	Aqua - 11am		Adult Only	General Swim		Kids Camps	General Swim				Adult Only Swim		
THUR	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm		
	Lane 2	Adult Only			Lane Swim	Swim Crash Course		Adult Only	Swim Crash Course		Lane Swim					Adult Only Swim		
	Lane 3	Adult Only			Lane Swim		Lane Swim		Adult Only	Lane Swim							Adult Only Swim	
	Lane 4	Adult Only			General Swim			Aqua 11am	Adult Only	General Swim		Kids Camps	General Swim				Adult Only Swim	
FRI	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm		
	Lane 2	Adult Only			Swim Crash Course		Adult Only	Swim Crash Course		Lane Swim					Staff Swim Lesson	Lane Swim	Adult Only Swim	
	Lane 3	Adult Only			Lane Swim		Lane Swim		Adult Only	Lane Swim							Adult Only Swim	
	Lane 4	Adult Only			Aqua 9am	General Swim			Adult Only	General Swim		Kids Camps	General Swim				Adult Only Swim	
SAT	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm			
	Lane 2	Adult Only			Lane Swim		Lane Swim		Closed Set Up	Inflatable Session ***	Closed Take Down	Lane Swim					Adult Only	
	Lane 3	Adult Only			Lane Swim		Lane Swim					Lane Swim					Adult Only	
	Lane 4	Adult Only			Aqua 8.45am	General Swim			General Swim		Kids Camps	General Swim				Adult Only		
SUN	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm			
	Lane 2	Adult Only			Lane Swim		Lane Swim		Closed Set Up	Inflatable Session ***	Closed Take Down	Lane Swim					Adult Only	
	Lane 3	Adult Only			Lane Swim		Lane Swim					Lane Swim					Adult Only	
	Lane 4	Adult Only			General Swim			General Swim		General Swim		General Swim				Adult Only		

*** Inflatable Session - Indoor Pool, Sauna and Steam room is closed for set up / take down from 1pm to 1.30pm & 2.30pm to 3pm

OUTDOOR POOL - Non Term Time Monday 21st July- 3rd August

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm
MON	Lane 1	Adult Only			Lane Swim *										Adult Only
	Lane 2	Adult Only			Lane Swim *										Adult Only
	Lane 3	Adult Only			General Swim										Adult Only
	Lane 4	Adult Only			General Swim										Adult Only
TUES	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm
	Lane 2	Adult Only			Lane Swim *										Adult Only
	Lane 3	Adult Only			General Swim		H.S. - 11am	General Swim							Adult Only
	Lane 4	Adult Only			General Swim										Adult Only
WED	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm
	Lane 2	Adult Only			Lane Swim *										Adult Only
	Lane 3	Adult Only			Lane Swim *										Adult Only
	Lane 4	Adult Only			Hydro Circuit 8am	General Swim									Adult Only
THUR	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm
	Lane 2	Adult Only			Adult Swim T's	Lane Swim *									Adult Only
	Lane 3	Adult Only				Lane Swim *									Adult Only
	Lane 4	Adult Only			General Swim										Adult Only
FRI	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm
	Lane 2	Adult Only			Lane Swim*										Adult Only
	Lane 3	Adult Only			Lane Swim*										Adult Only
	Lane 4	Adult Only			General Swim	Hydro Circuit 11.10am	General Swim								Adult Only
SAT	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	
	Lane 2	Adult Only			Lane Swim										Adult Only
	Lane 3	Adult Only			Lane Swim										Adult Only
	Lane 4	Adult Only			General Swim										Adult Only
SUN	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	
	Lane 2	Adult Only			Lane Swim										Adult Only
	Lane 3	Adult Only			Lane Swim										Adult Only
	Lane 4	Adult Only			H.S. - 8.10am	General Swim								Adult Only	

* Lane Swim - In case of overcrowding this lane swim will turn into General swim