

INDOOR POOL - Non Term Time Monday 7th July- 3rd August

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
MON	Lane 1	Adult Only			Lane Swim	Swim Crash Course		Adult Only	Lane Swim							Adult Only
	Lane 2	Adult Only			Lane Swim	Lane Swim		Adult Only	Lane Swim							Adult Only
	Lane 3	Adult Only			General Swim			HIIT Aqua - 10.50am	Adult Only	General Swim		Kids Camps	General Swim			Adult Only
	Lane 4															
TUES		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
	Lane 1	Adult Only			Lane Swim	Swim Crash Course		Adult Only	Lane Swim							Adult Only
	Lane 2	Adult Only			Lane Swim			Adult Only	Lane Swim							Adult Only
	Lane 3	Adult Only				Aqua 9.45am	General Swim		Adult Only	General Swim		Kids Camps	General Swim			Adult Only
WED		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
	Lane 1	Adult Only			Adult Swim T's	Swim Crash Course		Adult Only	Lane Swim			Float Session	Lane Swim			Adult Only
	Lane 2	Adult Only				Lane Swim		Adult Only	Lane Swim				Lane Swim			Adult Only
	Lane 3	Adult Only			General Swim		Aqua - 11am	Adult Only	General Swim		Kids Camps	General Swim	General Swim			Adult Only
Lane 4																
THUR		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
	Lane 1	Adult Only			Lane Swim	Swim Crash Course		Adult Only	Lane Swim			Kids Camps	General Swim			Adult Only
	Lane 2	Adult Only			Lane Swim			Adult Only	Lane Swim				General Swim			Adult Only
	Lane 3	Adult Only			General Swim		Aqua 11am	Adult Only	General Swim		Kids Camps	General Swim			Adult Only	
FRI		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
	Lane 1	Adult Only			Aqua 9am	Swim Crash Course		Adult Only	Lane Swim			Kids Camps	Staff Swim			Adult Only
	Lane 2	Adult Only				Lane Swim		Adult Only	Lane Swim				Lane Swim			Adult Only
	Lane 3	Adult Only			General Swim		Adult Only	General Swim		Kids Camps	General Swim			Adult Only		
SAT		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
	Lane 1		Adult Only		Aqua 8.45am	Lane Swim		Closed Set Up	Inflatable Session ***	Closed Take Down	Lane Swim		General Swim	Adult Only		
	Lane 2	Adult Only		Lane Swim		Lane Swim					Adult Only					
	Lane 3	Adult Only		General Swim										Adult Only		
SUN		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
	Lane 1		Adult Only		Aqua 8.45am	Lane Swim		Closed Set Up	Inflatable Session ***	Closed Take Down	Lane Swim		General Swim	Adult Only		
	Lane 2	Adult Only		Lane Swim		Lane Swim					Adult Only					
	Lane 3	Adult Only		General Swim										Adult Only		
Lane 4																

*** Inflatable Session - Indoor Pool, Sauna and Steam room is closed for set up / take down from 1pm to 1.30pm & 2.30pm to 3pm

OUTDOOR POOL - Non Term Time Monday 7th July- 3rd August

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm		
MON	Lane 1	Adult Only			Lane Swim *										Adult Only		
	Lane 2	Adult Only			Lane Swim *										Adult Only		
	Lane 3	Adult Only			General Swim										Adult Only		
	Lane 4	Adult Only			General Swim										Adult Only		
TUES	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm		
	Lane 2	Adult Only			Lane Swim *										Adult Only		
	Lane 3	Adult Only			Lane Swim *										Adult Only		
	Lane 4	Adult Only			General Swim		H.S. - 11am	General Swim							Adult Only		
WED	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm		
	Lane 2	Adult Only			Lane Swim *										Adult Only		
	Lane 3	Adult Only			Lane Swim *										Adult Only		
	Lane 4	Adult Only		Hydro Circuit 8am	General Swim										Adult Only		
THUR	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm		
	Lane 2	Adult Only			Adult Swim T's	Lane Swim *										Adult Only	
	Lane 3	Adult Only				Lane Swim *										Adult Only	
	Lane 4	Adult Only			General Swim										Adult Only		
FRI	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm		
	Lane 2	Adult Only			Lane Swim*										Adult Only		
	Lane 3	Adult Only			Lane Swim*										Adult Only		
	Lane 4	Adult Only			General Swim		Hydro Circuit 11.10am	General Swim							Adult Only		
SAT	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm			
	Lane 2	Adult Only			Lane Swim										Adult Only		
	Lane 3	Adult Only			Lane Swim										Adult Only		
	Lane 4	Adult Only			General Swim										Adult Only		
SUN	Lane 1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm			
	Lane 2	Adult Only			Lane Swim										Adult Only		
	Lane 3	Adult Only			Lane Swim										Adult Only		
	Lane 4	Adult Only		H.S. - 8.10am	General Swim										Adult Only		

* Lane Swim - In case of overcrowding this lane swim will turn into General swim