

INDOOR POOL - Term Time Sunday 1st June to Sunday 6th July 2025

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
FRE	Lane 1	Adult Only			Lane Swim				Swim Lessons					Staff Swim Lesson	Lane Swim	Adult Only
	Lane 2	Adult Only			Aqua Team	Lane Swim			Lane Swim						Lane Swim	Adult Only
	Lane 3															
	Lane 4	Adult Only				General Swim		Lane Swim	General Swim				General Swim Swim Lessons		General Swim	Adult Only

*** Inflatable Session - Indoor Pool, Sauna and Steam Room is closed for set up / down from 1pm to 1.30pm & 2.30pm to 3pm.

Outdoor Pool - Term Time Sunday 1st June to Sunday 6th July 2025

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm
PPL	Lane 1	Adult Only			Lane Swim*										Adult Only
	Lane 2	Adult Only			Lane Swim*										Adult Only
	Lane 3	Adult Only			General Swim		Hydro Circuit	General Swim						Adult Only	
	Lane 4	Adult Only			General Swim		Hydro Circuit	General Swim						Adult Only	

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm
SAT	Lane 1		Adult Only	Lane Swim*										Adult Only
	Lane 2		Adult Only	Lane Swim*										Adult Only
	Lane 3		Adult Only	General Swim										Adult Only
	Lane 4													

SUM		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	
	Lane 1	Adults Only				Lane Swim*									Adults Only
	Lane 2	Adults Only				Lane Swim*									Adults Only
	Lane 3	Adults Only				Lane Swim*									Adults Only
	Lane 4	H.S. - 8:10am				General Swim									Adult Only