

Outdoor Pool - Term Time Monday 21st April to Sunday 25th May 2025

| | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
|------|------------|------------|---------------|-------------------|---------------|--------------|---------------|--------------|---------------|--------------|------------|------------|------------|------------|-------|
| MON | Lane 1 | Adult Only | | | Lane Swim * | | | | | | | | | Adult Only | |
| | Lane 2 | Adult Only | | | Lane Swim * | | | | | | | | | Adult Only | |
| | Lane 3 | Adult Only | | | General Swim | | | | | | | | | Adult Only | |
| | Lane 4 | Adult Only | | | General Swim | | | | | | | | | Adult Only | |
| | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
| TUES | Lane 1 | Adult Only | | | Lane Swim * | | | | | | | | | Adult Only | |
| | Lane 2 | Adult Only | | | Lane Swim * | | | | | | | | | Adult Only | |
| | Lane 3 | Adult Only | | | General Swim | | H.S. - 11am | General Swim | | | | | | Adult Only | |
| | Lane 4 | Adult Only | | | General Swim | | General Swim | | | | | | Adult Only | | |
| | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
| WED | Lane 1 | Adult Only | | | Lane Swim * | | | | | | | | | Adult Only | |
| | Lane 2 | Adult Only | | | Lane Swim * | | | | | | | | | Adult Only | |
| | Lane 3 | Adult Only | | Hydro Circuit 8am | General Swim | | | | | | | | | Adult Only | |
| | Lane 4 | Adult Only | | General Swim | | | | | | | | | Adult Only | | |
| | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
| THUR | Lane 1 | Adult Only | | | Adult Swim Ts | Lane Swim * | | | | | | | | Adult Only | |
| | Lane 2 | Adult Only | | | | Lane Swim * | | | | | | | | Adult Only | |
| | Lane 3 | Adult Only | | | General Swim | | | | Hydro Circuit | General Swim | | | | Adult Only | |
| | Lane 4 | Adult Only | | | | General Swim | | | | General Swim | | | | Adult Only | |
| | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
| FRI | Lane 1 | Adult Only | | | Lane Swim * | | | | | | | | | Adult Only | |
| | Lane 2 | Adult Only | | | Lane Swim* | | | | | | | | | Adult Only | |
| | Lane 3 | Adult Only | | | General Swim | | Hydro Circuit | General Swim | | | | | | Adult Only | |
| | Lane 4 | Adult Only | | | General Swim | | General Swim | | | | | | Adult Only | | |
| | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | |
| SAT | Lane 1 | | Adult Only | | Lane Swim* | | | | | | | | | Adult Only | |
| | Adult Only | | Lane Swim* | | | | | | | | | Adult Only | | | |
| | Adult Only | | General Swim | | | | | | | | | Adult Only | | | |
| | Adult Only | | General Swim | | | | | | | | | Adult Only | | | |
| | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | |
| SUN | Lane 1 | | Adult Only | | Lane Swim* | | | | | | | | | Adult Only | |
| | Adult Only | | Lane Swim* | | | | | | | | | Adult Only | | | |
| | Adult Only | | General Swim | | | | | | | | | Adult Only | | | |
| | Adult Only | | H.S. - 8-10am | General Swim | | | | | | | Adult Only | | | | |

* Lane Swim - In case of overcrowding this lane swim will turn into General swim