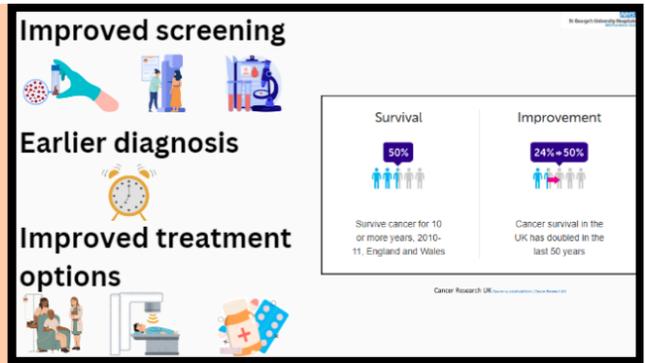


Living With and Beyond Cancer

BACKGROUND

Improvement in cancer survival has led to a greater proportion of people living with the consequences of their cancer and their treatments



PROJECTS

Several innovative projects were identified as priorities to support people living with and beyond cancer to 'live well'.



PATIENT OPINION

Over 120 patients have been consulted about these projects. We wanted to understand patient's experiences and opinions on cancer care

PHYSIO SESSIONS

St George's does not have an outpatient oncology physio service. We have run a successful pilot of this service. Patients found it beneficial to receive their treatment by someone that understood the cancer pathway and impact of treatments.



WORKSHOPS

Self-management workshops have been updated and co-designed with patients and are evidenced based. The workshops now run monthly to support more patients. We hope to deliver more topics in the coming year.



PREPARING FOR TREATMENT

We have developed different services to support people to be able to feel more prepared for their treatment and optimise their health to tolerate the side effects of their treatment as best as they can. We are part of a research project to support people living with lung cancer.



EDUCATION

This role enables staff and students to receive training to support their knowledge and understanding of how to support people living with and beyond cancer

FUNDRAISING

We are fundraising to be able to continue this work. If you are interested in supporting these projects, please donate via this link or QR code

[Donate - St George's Hospital Charity](#)

Please request the donate is for the "Cancer Appeal – Big Theme Fund"

