



Inter Club Swim Gala

Roehampton Club vs Hurlingham Club

Saturday 18th May 2 – 6pm at Roehampton Club

The swim gala will consist of individual (age and gender) and team races (mix ability). Parents with Junior Members participating in the gala will also get the chance to compete.

To be selected to represent the Club, the junior will have to attend one of the trial times sessions taking place:

Saturday 20th April

- 3pm to 3.30pm – 6 years old
- 3.30pm to 4pm – 7 to 8 years old
- 4pm to 4.30pm – 9 to 10 years old
- 4.30pm to 5pm – 11 to 12 years old
- 5pm to 5.30pm – 13 to 14 years old

Sunday 28th April

- 3pm to 3.30pm – 6 years old
- 3.30pm to 4pm – 7 to 8 years old
- 4pm to 4.30pm – 9 to 10 years old
- 4.30pm to 5pm – 11 to 12 years old
- 5pm to 5.30pm – 13 to 14 years old

Only the best two swimmers in each age / gender group will be selected to represent the Club in the gala and will need to attend Team Training on **Friday 17th May at 7pm**.

Swim Gala categories:

| Individual Races (Boys and Girls category) | | | | |
|--|--------------|--------------|--------------|--------------|
| 6 years | 7-8 years | 9-10 years | 11-12 years | 13-14 years |
| Front crawl | Front crawl | Front crawl | Front crawl | Front crawl |
| Backstroke | Backstroke | Backstroke | Backstroke | Backstroke |
| | Breaststroke | Breaststroke | Breaststroke | Breaststroke |
| | | | Butterfly | Butterfly |

Team Medley Relay (Boys and Girls)

Backstroke 6 years

Breaststroke 7-8 years

Front crawl 9-10 years

Butterfly 13-14 years

Team Freestyle Relay (Boys and Girls)

Front crawl 6 years

Front crawl 7-8 years

Front crawl 9-10 years

Front crawl 11-12 years

Team Freestyle Relay (Parents)

Mother – front crawl

Mother – front crawl

Father – front crawl

Father – front crawl

Club Score System

Following the score system below, the Club that achieves most points will win the Inter Club Swim Gala.

1st Place = 4 points

2nd Place = 3 points

3rd Place = 2 points

4th Place = 1 points

To take part in this competition, please contact Ana Leal, Family Activities Manager at ana.leal@roehamptonclub.co.uk or Salma Sajil, Swim Administrator at salma.sajil@roehamptonclub.co.uk