## **Junior Swim Gala**

## Sunday 20<sup>th</sup> November 2022

Bookings open until Sun 13<sup>th</sup> November

One length race for Juniors, aged six to thirteen, plus a Family Relay Race!

2pm to 4pm, indoor pool, 4.30pm prizegiving

Groups:

- Six years old
- Seven to eight years old
- Nine to ten years old
- Eleven to thirteen years old

Note: age groups will be divided by gender

	Front Crawl	Backstroke	Breaststroke	Butterfly
6 years old	V	V	х	х
7 to 8 years old	V	V	V	Х
9 to 10 years old	V	V	V	Х
11 to 13 years old	V	V	V	V

25m race on each stroke. Prizes and trophies for first, second and third place for each age group.

In the Family Relay Race – one adult and one child – the time of all two strokes (front crawl and backstroke) will add up for a final time.

To sign up, please email **Swim Administrator** Salma Sajil via <u>salma.sajil@roehmaptonclub.co.uk</u> or Health Club Assistant Manager Ana Leal via <u>ana.leal@roehamptonclub.co.uk</u>