



GOLF



SQUASH



THE SPORTS SHOP



TENNIS



CROQUET

### In this Newsletter:


1. RACKET FITTING WITH TILLY – Book your FREE Fitting today!
2. HIT WITH TILLY – Book a hitting session to practice your Tennis with Tilly
3. TENNIS SHOE FOCUS – Now in store – Adidas and K-Swiss with Babolat incoming!
4. TENNIS CLOTHING – New product in store with Poivre Blanc soon to arrive
5. PADEL SALE – Don't miss out on our padel racket sale
6. LOYALTY PROGRAMME – Don't miss out on our Sports Shop Loyalty programme with discount on clothing and footwear

### FREE Racket Fitting with Tilly

Join Tilly on court to find the perfect racket for you in a FREE 30 minute demo hitting session. We have demo rackets available from Babolat, Head, and Technifibre across different price points and models available to try. Tilly will be on hand to give you her expert advice to find which racket is most suited for your game.

### What is involved?


Tilly will go through 4 key areas to establish which racket is most suited for you:



### HOW HEAVY SHOULD MY TENNIS RACKET BE?

THE HEAVIEST RACKETS PROVIDE THE HIGHEST LEVEL OF FRAME STABILITY TO PLAYERS WHO HAVE A FULLY DEVELOPED AND/OR POWERFUL SWING MOTION.


LIGHTWEIGHT RACKETS (BELOW 280G), ARE FAR EASIER TO MANOEUVRE WHICH CAN BE ADVANTAGEOUS IN VARIOUS SITUATIONS FROM LINING UP A SERVE TO SWITCHING BETWEEN FOREHAND AND BACKHAND POSITIONS.



### WHAT IS THE BEST RACKET HEADSIZE?

SMALLER HEAD SIZES, WHICH WE CONSIDER TO BE BELOW 100 SQ INCHES, ARE RECOMMENDED FOR ADVANCED PLAYERS WHO CAN CONSISTENTLY HIT THE SWEET SPOT AND GENERATE A GREAT AMOUNT OF POWER FROM THEIR SWING ACTION.

ON LARGER HEAD SIZES (ABOVE 102 SQ INCHES), THE LARGER SWEET SPOT WILL ENABLE PLAYERS TO HIT WITH POWER MORE CONSISTENTLY. THIS IS IDEAL FOR PLAYERS WHO ARE UNABLE TO, OR HAVE YET TO MASTER A POWERFUL SWING.



## HOW DO I CHOOSE MY RACKET GRIP SIZE?

THE GRIP SIZE IS THE CIRCUMFERENCE OF THE HANDLE OF THE RACKET, AND THE SIZE YOU NEED WILL THEREFORE DEPEND ON THE SIZE OF YOUR HAND.

A ROUGH WAY OF FINDING OUT IS BY HOLDING A RACKET IN YOUR NORMAL FOREHAND GRIP. IF THE RACKET IS OF THE CORRECT GRIP SIZE, THE DISTANCE BETWEEN YOUR PALM AND LONGEST FINGER SHOULD APPROXIMATELY BE THE WIDTH OF A FINGER (PICTURED BELOW). IF THE GAP IS TOO SMALL IT MEANS YOU WILL NEED A LARGER GRIP SIZE, AND IF THE GAP IS TOO BIG YOU WILL NEED A SMALLER GRIP SIZE.



## WHICH BALANCE IS BEST FOR MY RACKET?

ON RACKETS WHICH ARE MORE HEAD-LIGHT, THE WEIGHT IS CLOSER TO THE HAND WHICH IMPROVES MANOEUVRABILITY ON GROUND STROKES AND VOLLEYS, AND IN GENERAL KEEPS THE PLAYER MORE IN CONTROL.

ON HEAD HEAVY RACKETS, THE WEIGHT IN THE HEAD WILL BUILD MOMENTUM ON SWINGS AND LEAD TO INCREASED POWER. IT DOES HOWEVER BECOME HARDER TO DIRECT SHOTS WITH ACCURACY.

Click below to book your **FREE demo session:**

<https://Roehamptonclub.as.me/?appointmentType=33376088>

Alternatively you can book by emailing [sportshop@roehamptonclub.co.uk](mailto:sportshop@roehamptonclub.co.uk) or calling the Sports Shop on 02084804257, places are offered on a first come, first served basis.

### Hitting Service with Tilly

Tilly is also offering a hitting service available for Members. If you would like to practice what you are being taught in your lessons, or just want to get some exercise, you can book an hour's hitting session with Tilly via the online booking site with the link or QR code.



[Schedule Appointment with Roehampton Racquets \(as.me\)](#)

#### NEW Ladies Adidas Avacourt Tennis Shoes

Available in sizes UK 5 - 8

£130 OR **£117** for loyalty scheme members

Designed for the women's game, they have a lightweight mesh upper with a low collar and enhanced midfoot support. The Bounce Pro midsole and Torsion System combine for match-winning cushioning and stability. Made with a series of recycled materials, this upper features at least 50% recycled content. This product represents just one of our solutions to help end plastic waste.

#### NEW Kids (Unisex) Barricade Tennis Shoe

Available in sizes UK 13.5 - 5.5

£45 OR **£40.50** for loyalty scheme members

Designed for the women's game, they have a lightweight mesh upper with a low collar and enhanced midfoot support. The Bounce Pro midsole and Torsion System combine for match-winning cushioning and stability. Made with a series of recycled materials, this upper features at least 50% recycled content. This product represents just one of our solutions to help end plastic waste.





## Roehampton Club Crested Tennis Clothing Back in Stock

Although we are low on quarter zip jumpers (sizes XS available), we have ladies sleeveless tops and skorts as well as men's tee's and shorts in all sizes.



## Poivre Blanc Ladies and Girls Clothing ON THE WAY!

We are expecting a range of coloured skorts and a variety of white tops, both for ladies and girls within the next couple of weeks.

## SALE RACK



**WAS: £300.00**  
**NOW: £239.99**



**WAS: £300.00**  
**NOW: £239.99**



**WAS: £300.00**  
**NOW: £239.99**

## EX DEMOS FOR SALE



**WAS: £110**  
**NOW: £79.99**



**WAS: £140**  
**NOW: £99.99**

Join our Sports Shop Loyalty Programme and receive discount on our new summer clothing and footwear ranges

# 20% OFF CLOTHING 365 DAYS A YEAR

**In store and online  
On all your favourite brands  
(Excludes waterproofs and shoes)**

The benefits of joining our Loyalty Program are:

- 20% off clothing all year IN STORE and ONLINE - Pay less with us!
- 10% off footwear all year IN STORE and ONLINE
- The 20% off applies in addition to special sales promotions, reductions and offers – for example if our instore sale is 25% off – loyalty program members receive 45% off!
- An extended range of brands, choice, colours, and sizes. We will have excellent choice and stock in store in 2022, and even more online.
- Be the first to hear about new arrivals, sales promotions, and exclusive offers.
- All you have to do is stay subscribed to enjoy these benefits.

## **How do I sign up?**

Signing up is simple and free. All we ask in return for the benefits is for you to subscribe to accepting our emails from us.

## **Sign Up Online**

Click the link button for the quickest and easiest sign up.

[Join our Loyalty Program – ForeFront Golf](#)

## **Sign Up in Store**

Pop into the Sports Shop, speak to one of the team and we will check your details (name, email address and contact number) and then tick a box to accept our emails. This will trigger your 20% discounts with immediate effect.

**Ricky Pharo, Head Golf Professional – [ricky.pharo@roehamptonclub.co.uk](mailto:ricky.pharo@roehamptonclub.co.uk)**