

INDOOR POOL - Term Time 19th April to 10th July

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
MON	Lane 1	Lane Swim		Adult Swim Ts	Lane Swim		Lane Swim		Swim Lessons					Adult Swim Ts	Lane Swim	
	Lane 2	Lane Swim			Lane Swim		Lane Swim					General Swim	Lane Swim			
	Lane 3	Lane Swim		General Swim	HIIT Aqua - 11am		Lane Swim		General Swim					General Swim	Lane Swim	
	Lane 4	Lane Swim			General Swim		Lane Swim		Swim Lessons						Lane Swim	
TUES	Lane 1	Lane Swim		Aqua 9am	Lane Swim		Lane Swim		Swim Lessons					General Swim	Lane Swim	
	Lane 2	Lane Swim			Lane Swim		Lane Swim					General Swim	Lane Swim			
	Lane 3	Lane Swim		General Swim	General Swim		Lane Swim		General Swim					General Swim	Lane Swim	
	Lane 4	Lane Swim			General Swim		Lane Swim		Swim Lessons						Lane Swim	
WED	Lane 1	Lane Swim		Adult Swim Ts	Lane Swim		Lane Swim		Beg Adult Swim	Swim Lessons					General Swim	Lane Swim
	Lane 2	Lane Swim			Lane Swim		Lane Swim					General Swim	Lane Swim			
	Lane 3	Lane Swim		General Swim	Aqua 11:20am		Lane Swim		General Swim					General Swim	Lane Swim	
	Lane 4	Lane Swim			General Swim		Lane Swim		Swim Lessons						Lane Swim	
THUR	Lane 1	Lane Swim		Adult Swim Ts**	Lane Swim		Lane Swim		Swim Lessons					General Swim	Lane Swim	
	Lane 2	Lane Swim			Lane Swim		Lane Swim					General Swim	Lane Swim			
	Lane 3	Lane Swim		General Swim	Aqua 11am		Lane Swim		General Swim					General Swim	Lane Swim	
	Lane 4	Lane Swim			General Swim		Lane Swim		Swim Lessons						Lane Swim	
FRI	Lane 1	Lane Swim		Aqua 9am	Lane Swim		Staff Swim Lesson		Swim Lessons					General Swim	Lane Swim	
	Lane 2	Lane Swim			Lane Swim		Lane Swim					General Swim	Lane Swim			
	Lane 3	Lane Swim		General Swim	General Swim		Lane Swim		General Swim					General Swim	Lane Swim	
	Lane 4	Lane Swim			General Swim		Lane Swim		Swim Lessons						Lane Swim	
SAT	Lane 1	Lane Swim		Aqua 8.45am	Swim Lessons		Lane Swim		Lane Swim		Lane Swim					
	Lane 2	Lane Swim			Lane Swim		Lane Swim		Lane Swim		Lane Swim					
	Lane 3	Lane Swim		General Swim	General Swim		Lane Swim		General Swim	Float Session	General Swim					
	Lane 4	Lane Swim			General Swim		Lane Swim				General Swim					
SUN	Lane 1	Lane Swim		Swim Lessons		Lane Swim		Lane Swim		Lane Swim						
	Lane 2	Lane Swim		Lane Swim		Lane Swim		Lane Swim		Lane Swim						
	Lane 3	Lane Swim		General Swim	General Swim		Lane Swim		General Swim	Float Session	General Swim					
	Lane 4	Lane Swim			General Swim		Lane Swim				General Swim					

Outdoor Pool - Term Time 19th April to 10th July

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm
MON	Lane 1	Lane Swim					Lane Swim *		Lane Swim *					Lane Swim	
	Lane 2	Lane Swim					Lane Swim *		Lane Swim *						
	Lane 3	Lane Swim					General Swim					Lane Swim			
	Lane 4	Lane Swim					General Swim								
TUES	Lane 1	Lane Swim					Lane Swim *		Lane Swim *					Lane Swim	
	Lane 2	Lane Swim					Lane Swim *		Lane Swim *						
	Lane 3	Lane Swim					General Swim		H.S.*** - 11:10		General Swim				
	Lane 4	Lane Swim					General Swim		H.S.*** - 11:10		General Swim				
WED	Lane 1	Lane Swim					Lane Swim *		Lane Swim *					Lane Swim	
	Lane 2	Lane Swim					Lane Swim *		Lane Swim *						
	Lane 3	Lane Swim					General Swim					Lane Swim			
	Lane 4	Lane Swim					General Swim								
THUR	Lane 1	Lane Swim					Lane Swim *		Lane Swim *					Lane Swim	
	Lane 2	Lane Swim					Lane Swim *		Lane Swim *						
	Lane 3	Lane Swim					Adult Swim Ts**		H.S. - 8am		General Swim				
	Lane 4	Lane Swim					Adult Swim Ts**		H.S. - 8am		General Swim				
FRI	Lane 1	Lane Swim					Lane Swim *		Lane Swim *					Lane Swim	
	Lane 2	Lane Swim					Lane Swim *		Lane Swim *						
	Lane 3	Lane Swim					General Swim		H.S.*** - 11:10		General Swim				
	Lane 4	Lane Swim					General Swim		H.S.*** - 11:10		General Swim				
SAT	Lane 1	Lane Swim					Lane Swim		Lane Swim					Lane Swim	
	Lane 2	Lane Swim					Lane Swim		Lane Swim						
	Lane 3	Lane Swim					General Swim					Lane Swim			
	Lane 4	Lane Swim					General Swim								
SUN	Lane 1	Lane Swim					Lane Swim		Lane Swim		Lane Swim				
	Lane 2	Lane Swim					Lane Swim		Lane Swim		Lane Swim				
	Lane 3	Lane Swim					General Swim		H.S. - 8:15am		General Swim				
	Lane 4	Lane Swim					General Swim		H.S. - 8:15am		General Swim				

Lane Swim * - In case of overcrowding this lane swim will turn into General swim

Adult Swim Ts** - In case of bad weather, the lesson will take place indoors

***Hydro Spin - In case of overcrowding this class will be in the Indoor Pool