

Padel Tennis Coaching

April to July



Padel coaching is available for Members of all standards and ages.

The professional coaching team of Paul Lindsay and Chris Salisbury are available for lessons and run social sessions for Members. Whether you are a complete beginner or a high-performance player our team of coaches can provide you with a great Padel experience making sure your Padel skills will improve and you will enjoy the game even more.

Coaching sessions are bookable via <https://roehamptonclubracquets.as.me/>

Please contact Paul directly to discuss any coaching questions - paul.lindsay@roehamptonclub.co.uk

U3&Me / Matchplay Coaching – Adult and Junior

A game played with 3 players and one of the team coaches. This format provides you with a fun but competitive game while receiving advice from the pro for skills that you can implement in future games.

Payment, £50 per hour, made at point of booking on-line.

Individual Coaching – Adult and Junior

A great opportunity to practice certain shots or tactics with a coach.

Payment, £50 per hour, made at point of booking on-line.

Over 60s Pay and Play – Friday

Coach-led session providing drills and games for those wanting to try Padel.

Booking made at Reception one week in advance.

Payment, £10 per hour, made at point of booking online.

All standards are welcome. Friday from 11am to noon.

Adult Term Group Coaching

Our adult programme provides every member with the most appropriate coaching.

Sign up individually or as a group to term coaching <https://roehamptonclubracquets.as.me/>

Adult term group coaching will start from Wednesday 20th April.

Beginner Course Tuesday 9.30am to 10.30am

Other sessions available on request.

If a session does not have a minimum of 3 Members the session will be cancelled in advance.

Junior Term Group Coaching

Our junior programme provides every child (from 7 years upwards) with the most appropriate coaching according to their age and standard, going from picking up the racket for the first time to being able to play with friends and family, and enter junior competitions.

Sign up to term coaching <https://roehamptonclubracquets.as.me/> (please put the child name attending in the 'Your information' details.)

Junior term group coaching will start from Wednesday 20th April.

Wednesday 5pm to 6pm (under 14)

Thursday 5pm to 6pm (under 14)

Saturday 10am to 11am (under 14)

If a session does not have a minimum of 4 Members the session will be cancelled in advance.

To arrange coaching with either of the Padel Professionals or to discuss further please contact

Paul: Paul.lindsay@roehamptonclub.co.uk / 07841 429910