

## **Support one of the Club's younger Members reach Antarctica in her bid to tackle Climate Change on An Expedition to Antarctica**

### **An Expedition to Antarctica**

I am really excited to share with you that out of thousands of applicants I have been selected as 1 of 80 to participate in one of the first ever carbon negative expeditions to Antarctica in March this year. The 10-day expedition, under leadership of Polar explorer and environmentalist, Sir Robert Swan, aims to inspire youth by educating them about climate change and sustainability.

Roehampton Club has played a major role in making this Expedition become more of a reality for me and I am thoroughly grateful for its support so far.



### **About Me**

An avid tennis player at Roehampton Club and an active Member of the younger community for over ten years, the theme of sustainability has started to play a greater and greater role in my life. After leaving the corporate world in 2016, I now reside between Dubai and London and teach yoga internationally at eco-wellness resorts and to children and teens in schools. I also distribute medical-grade, in-home

water ionizer machines - a healthy and sustainable alternative to plastic bottles, which are detrimental to our planet.

Outside of work, I actively run social media campaigns to reduce plastic consumption and also organise mountain side, desert, and beach clean-ups across the UAE.



### **Why Participate**

This once in a lifetime opportunity to visit the 7th continent will

enable me to tangibly experience the effects of climate change due to human activity in the most delicate and crucial environment in the world. With the learning gained, I hope to increase awareness about what we, as society, can do to combat the effects of climate change through social media,

blogging, presentations, and, as a children's yoga teacher, through interactively themed classes at schools.

Furthermore, brainstorming and networking with such transformational leaders on a common vision will expand my awareness on the subject, develop my leadership skills and enable me to actively contribute in larger scale sustainability projects globally.



### **How Much Does it All Cost?**

Approximately £11,000 including programme, gear, flights and insurance costs.

### **Call for Support**

I am still in the process of raising funds for the voyage. So far, the generous sponsorship from Roehampton Club and one of the world's largest FMCG organisations has put me in a fortunate position of being closer to attending the Expedition. If, after reading this, you feel that

you or your organisation are inspired to be a part of this cause, I would be most grateful for your contribution.

As a thank you from me there are a number of rewards I am offering, including the chance to borrow and drive one of my father's classic vintage cars (Jaguar XK150 or Mercedes SL500 from 1989) for a weekend of your choice or hear me give an inspirational talk on sustainability and climate change and share my learnings from the Expedition.

To find out more and support me:

<https://gofund.me/f393d979>

Thank you for bringing me closer to this expedition becoming a reality!  
Your efforts are greatly appreciated and will be rewarded.

Tarika Gidwaney

