## INDOOR POOL - Term Time 18th - 24th Octber and 1st November to 12th December

	ſ	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	
MON	Lane 1	Lane Swim			Lane Swim		Lane Swim			Swin	n Lessons				Lane Swim		
	Lane 2		Lane Swim		Adult Swim Ts	Lane Swim		Lane Swim Adult Swin							Adult Swim Ts	Swim Ts Lane Swim	
	Lane 3	Lane Swim			General Swim	HIIT Aqua - 11am		General Swim			General Swim Swim Lessons						
	Lane 4						Lane Swim							Lane Swim			
														4			
		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	
	Lane 1	Lane Swim				Lane Swim Lane Swim General Swim		Lane Swim	Beg Adult Swim			Swim Les	Lane Swim				
TUES	Lane 2	Lane Swim			Lane Swim			Deg Addi	. Swilli		Lane Swim						
2	Lane 3			Aqua 9am	Lane Swim			General Swi		wim		General Swim			Lane Swim		
	Lane 4							General Swilli			Swim Lessons			conc Swilli			
	r	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	
WED	Lane 1	0 70	Lane Swim  Lane Swim		9-10am	Lane Swim		Lane Swim	Z Epini	2 Spin		im Lessons			Lane Swim		
	Lane 2				Adult Swim Ts	Lane Swim			Lane Swim					Lane Swim			
	Lane 3						Aqua 11:20am	Lana Codes	General Swim			General Swim			Lane Swim		
	Lane 4					General Swim		Lane Swim		General Sw	vim	Swim Lessons		Lane SWIM			
			7-8am	8-9am	9-10am	10-11am										8-9pm	
	Lane 1	6-7am	7-8am Lane Swim	8-9am	9-10am		11am-12pm Swim	12-1pm Lane Swim	1-2pm	2-3pm		4-5pm n Lessons	5-6pm	6-7pm	7-8pm	8-9pm ne Swim	
œ	Lane 1		Lane Swim		Adult Swim Ts*	Lane Swim		Lane Swim	Lane Swim Lessons Lane Swim						Lane Swim		
HUR.	Lane 3				Addit Swill 13		Agua 11am		General Swim				General Swim				
	Lane 4	Lane Swim			General Swim		Lane Swim		vim	Swim Lessons			Lane Swim				
		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm		4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	
	Lane 1	Lane Swim Lane Swim			Lane Swim Lane Swim		Staff Swim Lesson		Swim Lessons  Lane Swim					Lane Swim			
E	Lane 2		Lane Swim			Lane Swim		Lane Swim		Lane St			General Swim			Lane Swim	
	Lane 3	Lane Swim		Aqua 9am	General Swim		Lane Swim	General Swim						Lane Swim			
	Lane 4										Swim Lessons						
	1	6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	1	
	Lane 1	u-7am	7-oam		3-10am	Swim Lessons	110111-12pm	Lane Swim	Lane Swim	2-3pm	3-4pm	4-3pm	Lane Swim	0-7pm	/-apm		
_	Lane 2		Lane Swim			Lane Swim		Lane Swim	Lane Swim								
SAT	Lane 3	Lane Swim		Aqua 9am	General Swim		Lane Swim		Float Session	ion	Lane Swim						
	Lane 4							General Swim			General Swim			Lane Swim			
,																	
		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm		
SUN	Lane 1	Lane Swim			Swim Lessons Lane Swim			Lane Swim Lane Swim	Lane Swim	Lane Swim			Lane Swim Lane Swim				
	Lane 2 Lane 3	Lane Swim		Lane Swin	Lane Swim			Lane Swim	Float Sess	ion	Lane Swim						
	Lane 3			General Swim			Lane Swim	General Swim			General Swim			Lane Swim			

## Outdoor Pool - Term Time 18th - 24th October and 1st November to 12th December

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
	Lane 1				Lane Swim		-	Lane Swim						Lane Swim		
MON	Lane 2				Lane Swim			Lane Swim						Lane Swim		
ĕ	Lane 3 Lane 4		Lane Swim					General Swim						Lane Swim		
		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
	Lane 1	0 74111	7 00	0 30	Lane Swim	10 110	ZZUIII ZEPIII	12-2pm	Lane S		3 <del>4p</del>	4 Sp		Swim	7 Opin	
TUES	Lane 2				Lane Swim			Lane Swim						Lane Swim		
2	Lane 3 Lane 4	Lane Swim			Genera	l Swim	H.S 11am*			Lane Swim						
		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
	Lane 1			1	Lane Swim	I.	Lane Swim									
WED	Lane 2	Lane Swim							Lane	Lane Swim						
3	Lane 3 Lane 4	Lane Swim			General Swim								Lane Swim			
		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
	Lane 1	0 70111	Lane Swim	0 34	3 10diii	20 220111	ZZUIII ZEPIII	Lane Swin		z spiii	э чрии	4 Spiii		Swim	7 ори	
Ŧ	Lane 2		Lane Swim		Adult Swim Ts*								Lane Swim			
7	Lane 3 Lane 4	Lane Swim				General Swim								Lane Swim		
		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
	Lane 1				Lane Swim			Lane Swim						Swim		
2	Lane 2	Lane Swim						Lane	Swim							
=	Lane 3 Lane 4		Lane Swim		Genera	l Swim	H.S 11:10*	General Swim						Lane Swim		
		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	1	
SAT	Lane 1			Lane Swim												
	Lane 2		Lane Swirm													
	Lane 3		Lane	Swim	General Swim Lane Swim											
	Lane 4						ocicio swiii						The state of the s			
		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	]	
	Lane 1						·	Lane Swim								
SUN	Lane 2		Lane Swim													
	Lane 3		Lane Swim	H.S 8:10am*				General Swim Lane St								
l .	Lane 4		0.10011													

Hydro Spin - In adverse weather the Class will move to the Indoor Pool