

Padel Tennis Coaching



As part of the Padel offer to Members there is coaching available for all standards and ages. The professional coaching team of Paul Lindsay and Chris Salisbury are available for lessons and will run social sessions for members. Whether you are a complete beginner or a high-performance player our team of coaches can provide you with a great Padel experience making sure your Padel skills will improve and you will enjoy the game even more.

Coaching sessions are bookable via <https://roehamptonclubracquets.as.me/>
Please contact Paul directly to discuss any coaching questions.

U3&Me / Matchplay Coaching – Adult and Junior

A game played with 3 players and one of the team coaches. This format provides you with a fun but competitive game while receiving advice from the pro for skills that you can implement in future games.
Payment, £50 per hour, made at point of booking on-line

Individual Coaching – Adult and Junior

A great opportunity to practice certain shots or tactics with a coach.
Payment, £50 per hour, made at point of booking online.

Adult Term Group Coaching

Our adult programme provides every member with the most appropriate coaching.
Sign up individually or as a group to term coaching <https://roehamptonclubracquets.as.me/>
Adult term group coaching will start week commencing 6th September.
Beginner Course Tuesday 8am or 3pm
Beginner Course 9am Wednesday
Intermediate Course 11am Monday or 11am Thursday
If a session does not have a minimum of 3 Members the session will be cancelled in advance.

Adult Pay and Play

Our adult pay and play sessions provides every member with a flexible booking and the most appropriate coaching and match session.
Sign up individually each week to join in <https://roehamptonclubracquets.as.me/>
Pay and Play will start week commencing 6th September.
Beginners 10am to 11am Tuesday
Intermediate 11am to noon Tuesday
Advanced 8am to 9am Friday
Intermediate 9am to 10am Friday
If a session does not have a minimum of 3 Members the session will be cancelled in advance.

Junior Term Group Coaching

Our junior programme provides every child (from 7 years upwards) with the most appropriate coaching according to their age and standard, going from picking up the racket for the first time to being able to play with friends and family, and enter junior competitions.
Sign up to term coaching <https://roehamptonclubracquets.as.me/> (please put the child name attending in the 'Your information' details.)
Junior term group coaching will start week commencing 6th September.
Monday 4.15pm to 5pm (under 10) and 5pm to 6pm (under 14)
Thursday 4.15pm to 5pm (under 10) and 5pm to 6pm (under 14)
Saturday 10am to 11am (under 14)
If a session does not have a minimum of 4 Members the session will be cancelled in advance.

To arrange coaching with either of the Padel Professionals or to discuss further please contact Paul:
Paul.lindsay@roehamptonclub.co.uk / 07841429910