| INDOOR POOL - Non Term Time 19th July - 5th September |
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| $ \begin{array}{ c c c c c c } \hline \hline$ | | | 6-7am | 7-8am | 8-9am | 9-10am | | 11am-12pm | 12-1pm | | | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm | 8-9pm | |
| $ \begin{array}{ $ | N | Lane 1 | | Lane Swim | Lane Swim | | Crash Courses | | Lane Swim | Crash Co | urses | Lane Sv | vim | Adult Swim Tr | | Lane Swim | | |
| $ \begin{tabular}{ lane lambda lamb$ | | Lane 2 | | Lane Swim | | Lane Swim | | | Lane Swim | Lane Swim | | Lane Swim | | Addit Swill 15 | Lane Swim | | | |
| $ \begin{tabular}{ c $ | Ň | Lane 3 | | 1 | | | and Counting | Aqua - 11am | | Conservation | Section | CANADE | | Conservation Service | _ | | | |
| $ \begin{array}{ c c c c c c c c c c c c c c c c c c c$ | | Lane 4 | Lane Swim | | | General Swim | | | Lane Swim | General Swim | | CAIVIPS | | General Swir | n | Lanes | swim | |
| $ \begin{array}{ c c c c c } \hline \hline$ | | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm | 8-9pm | |
| Image Image <t< td=""><td></td><td>Lane 1</td><td></td><td colspan="2">Lane Swim</td><td colspan="2">Crash Courses</td><td></td><td>Lane Swim</td><td colspan="2">Crash Courses</td><td></td><td></td><td>Lane S</td><td>wim</td><td></td><td></td></t<> | | Lane 1 | | Lane Swim | | Crash Courses | | | Lane Swim | Crash Courses | | | | Lane S | wim | | | |
| Image Image <t< td=""><td>ES</td><td>Lane 2</td><td></td><td>Lane Swim</td><td></td><td></td><td>Lane Swim</td><td></td><td>Lane Swim</td><td colspan="2">Lane Swim</td><td></td><td></td><td>Lane S</td><td>wim</td><td></td><td></td></t<> | ES | Lane 2 | | Lane Swim | | | Lane Swim | | Lane Swim | Lane Swim | | | | Lane S | wim | | | |
| $ \begin{array}{ c c c c c c c c c c c c c c c c c c c$ | Ę | Lane 3 | | Lana Curim | | | e | | | Concert | Curriliana | CANADO | | Conserval Sources | - | | | |
| $ \begin{array}{ c c c c c c c c c c c c c c c c c c c$ | | Lane 4 | Lane Swim | | | General Swim | | | Lane Swim | General | Swim | CAIVIPS | | General Swint | | Lane Swim | | |
| $ \begin{array}{ c c c c c c c c c c c c c c c c c c c$ | | | 6.7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12nm | 12-1nm | 1-2nm | 2.3nm | 3.4nm | 4.5nm | 5-6nm | 6-7nm | 7-8nm | 8-9nm | |
| $ \begin{array}{c c c c c c c c c c c c c c c c c c c $ | | Lane 1 | 0 70111 | | 0 Julii | 5 100111 | | 110m 12pm | | | | | 4 Spin | 5 opin | | | | |
| 3 $\underline{Line 3}$ $\underline{Line 5win}$ $Line 5wi$ | ٥ | | | Lane Swim | | | | | | Lane Sv | vim | | | | | | | |
| $ \begin{array}{ c c c c c c } \hline large 1 & large 2 & larg$ | WE | | | | | | | Agua - 11:20am | | | | | Float Session | | | | | |
| 6 Lane Swim Cash Colurses Lane Swim Cosh Colurses Lane Swim Adult Swim TS Lane Swim Lane Swim 1 Lane S Lane Swim Cash Colurses Lane Swim | - | Lane 4 | | Lane Swim | | General Swim | | | Lane Swim | General | Swim | CAMPS | | Gene | ral Swim | Lane Swir | | |
| 6 Lane Swim Cash Colurses Lane Swim Cosh Colurses Lane Swim Adult Swim TS Lane Swim Lane Swim 1 Lane S Lane Swim Cash Colurses Lane Swim | | | | | | | | | | | | | | | | | | |
| Pg Lane 2 Lane Swim Lane Swim Lane Swim Lane Swim Adult Swim Ts Lane Swim Lane Swim Lane 3 Lane Swim Lane Swim Lane Swim Lane Swim Lane Swim CAMPS General Swim Lane Swim Lane Swim Lane 4 | | less 1 | 6-7am | | 8-9am | 9-10am | | 11am-12pm | | | | | | 5-6pm | 6-7pm | | 8-9pm | |
| $ \begin{tabular}{ c c c c c c c } \hline $$ $$ $$ $$ $$$ $$$ $$$ $$$ $$$ $$$ $ | æ | | | | | | | | | | | | | Adult Swim Ts | | | | |
| $ \begin{tabular}{ c c c c c c c } \hline $$ $$ $$ $$ $$$ $$$ $$$ $$$ $$$ $$$ $ | £ | | | | | | | | | | | | | General Swim | | | | |
| E Lane 1 Lane Swim Ceph Cotyses Lane Swim Ceph Cotyses Lane 2 Lane Swim Lane Swim Lane Swim Lane Swim Lane Swim Lane Swim Lane 3 Lane Swim Canb Cotyses Lane Swim Lane Swim Lane Swim Lane Swim Lane Swim Lane 4 Lane Swim Cane Swim Cane Swim Cane Swim Cane Swim Lane Swim Lane 5 Lane Swim Lane Swim Lane Swim Lane Swim Cane Swim Cane Swim Lane Swim | | | Lane Swim | | General Swim | | | CAMPS | | | | Lane Swim | | | | | | |
| $ \begin{array}{c c c c c c c } \hline \\ \hline $ | | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm | 8-9pm | |
| $ \begin{array}{ $ | | Lane 1 | | | | | Crash Courses | | Lane Swim | Crash Co | urses | | | Lana Suria | | | | |
| $ \begin{array}{ c c c c c c c c c c c c c c c c c c c$ | - | Lane 2 | | Lane Swim | | | Lane | Swim | Lane Swim | Lane Swim | | | | Lane 5 | wim | | | |
| $ \begin{array}{ c c c c c c c c c c c c c c c c c c c$ | E | Lane 3 | | Lane Swim | | Aqua 9am | 6 | d Carden | | Control | Currier. | CANADO | | Conserval Sources | Concerned Stration | | | |
| Lane 1 Lane Swim Lane Swim Lane Swim Lane Swim Lane Swim Lane Swim Lane 2 Lane Swim Lane Swim <td></td> <td>Lane 4</td> <td></td> <td></td> <td colspan="2">General Swim</td> <td>Lane Swim</td> <td>General</td> <td>Swim</td> <td>CAIMPS</td> <td></td> <td>General Swir</td> <td>n</td> <td>Lanes</td> <td colspan="2">Lane Swim</td> | | Lane 4 | | | | | General Swim | | Lane Swim | General | Swim | CAIMPS | | General Swir | n | Lanes | Lane Swim | |
| Lane 1 Lane Swim Lane Swim Lane Swim Lane Swim Lane Swim Lane Swim Lane 2 Lane Swim Lane Swim <td></td> | | | | | | | | | | | | | | | | | | |
| Lane 2 Lane 3 Lane Swim | | | 6-7am | 7-8am | 8-9am | | | 11am-12pm | | | 2-3pm | 3-4pm | 4-5pm | | 6-7pm | 7-8pm | | |
| Age Lane 3 Lane Swim Aque 3em General Swim General Swim Float Section General Swim General Swim Lane 1 | SAT | | | | | | | Curring | | | | | | | | | | |
| Lane Swim Lane Swim General Swim General Swim General Swim General Swim General Swim General Swim Lane Swim General Swim General Swim Lane Swim L | | | | Lane Swim | | Aqua 9am | | Swim | Lane Swim | Lane Swim | Float Session | | | Lane Swim | | | | |
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| Lane 2 Lane 5 wim Lane 5 wim Lane 5 wim Lane 5 wim Lane 3 Lane Swim General Swim Lane Swim General Swim | | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm | 1 | |
| Lane 3 Lane Swim General Swim Lane Swim General Swim Lane Swim | | Lane 1 | | | | | | | Lane Swim | Lane Swim | | | | Lane Swim | | | | |
| Lane Swim General Swim Lane Swim General Swim General Swim Lane Swim | z | Lane 2 | | | | Lane Swim | | | Lane Swim | Lane Swim | Float Session | Lane Swim | | | | | | |
| | SL | Lane 3 Lane 4 | | Lane | Swim | General Swim | | | Lane Swim | General Swim | The Session | | Gene | ral Swim | | Lane Swim | | |

| | | | | | Ou | tdoor Poo | l - Non T | erm Tim | e 19tl | h Jul | y - 5th S | Sep | tembe | r | | | |
|------|------------------|----------------------------------------------|-----------|-----------|--------------|--------------|-------------------------|-------------------------|--------|-------|-------------|-----|-------|-------|-----------|-------------|-----------|
| | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1 | -2pm | 2-3pm | 1 | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
| | Lane 1 | Lane Swim | | | | | | | | | Lane Swim * | | | | | Lane Swim * | |
| NOM | Lane 2 | Lane Swim | | | | | | | | | Lane Swim * | | | | | Lane Swim * | |
| Ŵ | Lane 3 Lane 4 | | Lan | e Swim | | | General Swim | | | | | | | | | | Lane Swim |
| | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1 | -2pm | Z-3pm | 1 | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
| | Lane 1 | | | | Lane Swim | | | | | | Lane Swim * | | | | | Lane Swim * | |
| TUES | Lane 2 | | | | Lane Swim | | | | | | Lane Swim * | | | | | Lane Swim * | |
| f | Lane 3 Lane 4 | | Lan | e Swim | | General Swim | H.S 11:10 | General Swim | | | | | | | | | |
| | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1 | -2pm | 2-3pm | 1 | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
| | Lane 1 | | | | Lane Swim | | | | | | Lane Swim* | | | | | Lane Swim * | |
| WED | Lane 2 | | | | Lane Swim | | | | | | Lane Swim * | | | | | Lane Swim * | |
| 3 | Lane 3 Lane 4 | | Lan | e Swim | | General Swim | | | | | | | | | | Lane Swim | |
| | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1 | -2pm | 2-3pm | | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
| | Lane 1 | | | | Lane Swim | | | | | | Lane Swim * | | | | | Lane Swim * | |
| THUR | Lane 2 | Lane Swim | | | | | | | | | Lane Swim * | | | | | Lane Swim * | |
| ŧ | Lane 3 Lane 4 | | Lan | e Swim | General Swim | | | | | | | | | | Lane Swim | | |
| | | 6-7am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1 | -2pm | 2-3pm | 1 | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
| | Lane 1 | | | | Lane Swim | | | Lane Swim * Lane Swim * | | | | | | | | | |
| FRI | Lane 2 | Lane Swim | | | | | | Lane Swim * Lane Swim * | | | | | | | | | |
| Ξ | Lane 3 Lane 4 | Lane Swim Gen | | | | | H.S 11:10 | General Swim | | | | | | | | | Lane Swim |
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| | Lane 1 | | | Lane Swim | I | | Lane Swim | | | | | | | | | Lane Swim | |
| ы | Lane 2 | Lane Swim | | | | General Swim | | | | | | | | | Lane Swim | | |
| SAT | Lane 3 Lane 4 | | Lane Swim | | | Lane S | Lane Swim* General Swim | | | | | | | Swim* | | | |
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| NNS | Lane 1 | 5 / alli | Lane Swim | | | | | | | | | | | | Lane Swim | - | |
| | | | | Lane Swim | | | General Swim Lane Swim | | | | | | | | | | - |
| | Lane 2 | | | | | | Lane Swim | | | | | | | | | Lane Swim | |
| S | Lane 3 Lane 4 | Lane Swim H.S 8:15am Lane Swim Lane Swim* | | | | | | General Swim Lane Swim* | | | | | | | | | |

Lane Swim * - In case of overcrowding this lane swim will turn into General swim