



Roehampton Club has aligned to the LTA Padel Rating System to provide a standardised reference for all aspects of amateur and professional play.

Beginner: I am just starting out

If beginner (selecting one of the following statements will determine your rating):

- I am a beginner who is still working on getting the ball in play = 1.0
- I can get the ball in play but my shots lack direction and control = 2.0
- I can rally with basic shots but I lack technique = 2.5
- I am pretty consistent and can use tactics like playing off the wall = 3.0

**Intermediate**: I play to a reasonable standard

If intermediate (selecting one of the following statements will determine your rating):

- I lack technique but do have some control on the court. Competent tennis and squash players who are new to padel come under this category = 3.5
- I am quite controlled on the court, can cover it well, and have a basic understanding of padel tactics = **4.0**
- I am very good at covering the court, have a very good level of control, and have a good understanding of padel tactics = **4.5**
- I am an experienced tournament player who has a very good understanding of padel tactics = **5.0**

Advanced: I compete at a national level

If advanced (selecting one of the following statements will determine your rating):

- I am a nationally-ranked padel player = 5.5
- I am a semi-professional player. I am outside the top 250 in the men's professional rankings and top 150 in the women's professional rankings = **6.0**
- I am a professional player. I am inside the top 250 in the men's professional rankings and top 150 in the women's professional rankings = **6.5**
- I am a professional player. I am inside the top 150 in the men's professional rankings and top 50 in the women's professional rankings = **7.0**