

Swimming Update

Monday 19th April 2021



From **Monday 19th April**, we will still be following a **Term Time** Swimming Pool Timetable for both Swimming Pools.

As always, we want to operate as close to our 'normal' pool offering as possible, as this is even more crucial given the return of key pool activities like Hydro, Adult Swim Sessions and of course Swimming Lessons which will all return week commencing **Monday 19th April**.

Swimming Pool Opening Hours:

Indoor Pool			Outdoor Pool		
Mon-Fri	Sat	Sun	Mon-Fri	Sat	Sun
6am - 9pm	7am - 8pm	7am - 8pm	6am - 8pm	7am - 7pm	7am - 7pm

Swim Sessions Available:

Lane Swim = 6 Members per lane, 16yrs and above. Clockwise lane swimming.

Family Swim = Adult and child individual family session in one lane (no mixing of households). 6 swimmers max per lane.

[19th April – 16th May - Indoor and Outdoor Pool Timetable](#)

Week Commencing - 19th April:

- ✓ [Swimming Lessons 19th April](#)
- ✓ [Outdoor Adult Swim Sessions 19th April](#)
- ✓ [Outdoor Hydro Spin 19th April](#)
- ✓ [Changing Room access](#)
- ✓ [Spa Pool available as part of an Indoor swim session](#)

Swimming - COVID Secure Reminder:

To help us maintain the high standards and safety around the Health Club there are a few key things which Members can help with to ensure your experience is the best it can possibly be.

Please see a few key areas below:

- ✓ *Please arrive 'Swim Ready' for your session.*
- ✓ *Bring your own towel.*
- ✓ *Pre-shower before entering the Swimming Pools.*
- ✓ *If you need to over take please do this briefly at the end of the pool.*
- ✓ *Please follow the rules in place for each activity, they have been put in place to ensure Member comfort and safety.*
- ✓ *Please follow the one-way systems in place.*

If you have any questions speak to a member of the Health Club team or please contact me directly.

Luke Fenton, Health Club Manager
Luke.fenton@roehamptonclub.co.uk