

Padel Tennis Coaching

We are delighted as part of the Padel offer to have coaching available for all standards and ages. The team of Paul Lindsay and Chris Salisbury are available for lessons and will run sessions for members. Whether you are a complete beginner or a high performance player our team of coaches can provide you with a great Padel experience making sure your Padel skills will improve and you will enjoy the game even more.

Please contact Paul directly to arrange coaching with one of the Padel Professionals.

Coaching sessions are bookable via Paul two weeks in advance.

Matchplay Coaching

A game played with 3 players and one of the team coaches. This format provides you with a fun but competitive game while receiving advice from the pro for skills that you can implement in future games.

Payment made at Club main reception.

Members sign up in 3s

Or register your interest by contacting Paul who will make up groups.

£18 per person for 1 hour.

Individual Coaching

A great opportunity to practice certain shots or tactics with a coach.

Payment made at Club main reception.

£50 per person for 1 hour.

Junior Coaching

Our junior programme provides every child (from 7 years upwards) with the most appropriate coaching according to their age and standard, going from picking up the racket for the first time to being able to play with friends and family, and enter junior competitions.

Sign up to term coaching at reception. Term will start in June.

To arrange coaching with either of the Padel Professionals or to discuss further please contact Paul:

Paul.lindsay@roehamptonclub.co.uk / 07841429910

Individual lessons or Matchplay Coaching availability

Chris –

Monday 11am to 15:30

Friday 8am – 9am. 11am to 15:30

chrisalisbury1@gmail.com /

Paul –

Monday 8am to 9:30am

Tuesday 8am to 10am. 14:30 to 16:00

Wednesday 8am to noon

Thursday 8am to 9am. 10:30 to noon. 14:30 to 16:00

Paul.lindsay@roehamptonclub.co.uk / 07841429910