

SQUASH OPEN FOR

- * Solo practice * Social distance coaching *
- * Play for those from the same household *
- * All play to adhere to social distancing rules *

COURT BOOKING

Members **MUST** book a court

No booking = no play = no exceptions

Courts can be booked one week in advance

Check in using MyCourts, Reception (020 8480 4200) or GPS

MEMBER GUIDANCE

- Clean hands with sanitiser on entering the court area/court
- Bring your own towel
- No hand wiping on walls or glass backs
- Hand wiping on own shirt or towel only
- Use own rackets only
- Use your own ball – balls can be purchased at the Club reception
- Bring your own labelled water bottle, with no sharing. Drinks can be purchased from the Piazza Pop Up
- Hand gels and disinfectant sprays available outside each court
- Door handles to be disinfected by player before and after play
- Members may wear masks and/or gloves if they wish
- Arrive no more than 5 minutes before the pre-agreed session time
- Come ready dressed for the session
- Changing rooms are closed, arrive ready and shower/change at home afterwards
- Stay socially distanced from others at all times
- Doors/windows are kept open (where possible) to maintain ventilation and stop/reduce further touch points

All guidelines are under constant review and subject to change.

For any questions regarding squash or coaching please do contact paul.Lindsay@roehamptonclub.co.uk / 07841 429910

Anyone with ONE of the following symptoms – fever, cough or who is generally unwell – should stay at home and contact their GP.

If in any doubt, trust your instincts and please stay at home.

