

## AQUA UPDATE

Thank you for your positive feedback and valuable comments following the first class on Friday with Susanne we will be passing on your feedback.

I am pleased to inform you all that a second Aqua Class will be introduced from 1st October, full Class details are below:

**Start Date:** 1st October  
**Day:** Thursday  
**Time:** 11:05am - 11:45am  
**Duration:** 40mins  
**Instructor:** Ayesha  
**Pool:** Indoor Pool - whole pool  
**Participants:** 10 (this number has been set by our H&S consultants in accordance with guidance)  
**Reminder:** You must book to guarantee your place, bookings can be made 3 days in advance either online or by calling Reception on **020 8480 4245**

I would also like to take this opportunity to answer the key questions that have been asked following last week's class as I think they are relevant for you all.

I have answered them in Q&A fashion to provide clear responses to your questions, please see below:

### **Can we have 6 participants in each lane?**

*The number of participants has been set by our H&S consultants for the safety of all participants following safety guidance. Until guidance changes, we will not be able to increase the maximum number.*

### **Can we have another class?**

*We have added a new class on Thursdays starting 1st October.*

### **Why will Aqua classes be on consecutive days?**

*Thursday is currently the only day we have an Aqua Instructor available to teach.*

### **Can we have Adult Lanes to do our own exercises or rehab in?**

*We will be introducing an 'Adult Single Lane' for one Member to book on the below days and Times from **Monday 21<sup>st</sup> September**. This will be available for all Members to book and provides pool space for those who wish to complete water or rehabilitation exercises rather than a lane swim.*

*Bookings can only be made by calling Reception on **020 8480 4245**. Please specify that it is this activity you wish to book so the team are fully aware.*

### **Adult Single Lane Swim Availability:**

*Monday: 10am, 11am & 1pm Swim Bookings  
Tuesday: 9am, 10am, 11am & 1pm Swim Bookings  
Wednesday: 9am, 10am, 11am & 1pm Swim Bookings  
Thursday: 10am & 1pm Swim Booking  
Friday: 10am, 11am & 1pm Swim Bookings*

*\* Please do not book family swim sessions, due to term time we have reduced the availability of these sessions and they must be available strictly for family use.*

As you can see from the above, we have taken on board your feedback and are working positively towards providing more activities and pool time for you whilst ensuring the safety of all pool users.

Once again thank you for your patience whilst we review the Swimming Pool operation and if you have any further questions please do not hesitate in contacting me directly.

**Luke Fenton - Health Club Manager**

[Luke.Fenton@roehamptonclub.co.uk](mailto:Luke.Fenton@roehamptonclub.co.uk)