# Outdoor Pool

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| MON | Lane 1 | | Lane Swim | | | Family Swim | | | | | | | | | Lane Swim |
| | Lane 2 | | | | | Family Swim | | | | | | | | | |
| | Lane 3 | | Lane Swim | | | Lane Swim | | Family Swim | | | | | | Lane Swim | Lane Swim |
| | Lane 4 | | | | | | | Family Swim | | | | | | | |

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| TUES | Lane 1 | | Lane Swim | | | Family Swim | | | | | | | | | Lane Swim |
| | Lane 2 | | | | | Family Swim | | | | | | | | | |
| | Lane 3 | | Lane Swim | | | Lane Swim | | Family Swim | | | | | | Lane Swim | Lane Swim |
| | Lane 4 | | | | | | | Family Swim | | | | | | | |

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WED | Lane 1 | | Lane Swim | | | Family Swim | | | | | | | | | Lane Swim |
| | Lane 2 | | | | | Family Swim | | | | | | | | | |
| | Lane 3 | | Lane Swim | | | Lane Swim | | Family Swim | | | | | | Lane Swim | Lane Swim |
| | Lane 4 | | | | | | | Family Swim | | | | | | | |

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| THUR | Lane 1 | | Lane Swim | | | Family Swim | | | | | | | | | Lane Swim |
| | Lane 2 | | | | | Family Swim | | | | | | | | | |
| | Lane 3 | | Lane Swim | | | Lane Swim | | Family Swim | | | | | | Lane Swim | Lane Swim |
| | Lane 4 | | | | | | | Family Swim | | | | | | | |

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| FRI | Lane 1 | | Lane Swim | | | Family Swim | | | | | | | | | Lane Swim |
| | Lane 2 | | | | | Family Swim | | | | | | | | | |
| | Lane 3 | | Lane Swim | | | Lane Swim | | Family Swim | | | | | | Lane Swim | Lane Swim |
| | Lane 4 | | | | | | | Family Swim | | | | | | | |

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| SAT | Lane 1 | | Lane Swim | | | Family Swim | | | | | | | | Lane Swim |
| | Lane 2 | | | | | Family Swim | | | | | | | | |
| | Lane 3 | | Lane Swim | | | Lane Swim | | Family Swim | | | | | | Lane Swim |
| | Lane 4 | | | | | | | Family Swim | | | | | | |

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| SUN | Lane 1 | | | Lane Swim | | Family Swim | | | | | | | | Lane Swim |
| | Lane 2 | | | | | Family Swim | | | | | | | | |
| | Lane 3 | | | Lane Swim | | Lane Swim | | Family Swim | | | | | | Lane Swim |
| | Lane 4 | | | | | | | Family Swim | | | | | | |

## INDOOR POOL

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| MON | Lane 1 | | Lane Swim | | Lane Swim | | | Lane Swim | Lane Swim | | | | | | Lane Swim |
| | Lane 2 | | | | | | | | | | | | | | |
| | Lane 3 | | Lane Swim | | Family Swim | | | Lane Swim | Family Swim | | | | | | Lane Swim |
| | Lane 4 | | | | Family Swim | | | | Family Swim | | | | | | |

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| TUES | Lane 1 | | Lane Swim | | Lane Swim | | | Lane Swim | Lane Swim | | | | | | Lane Swim |
| | Lane 2 | | | | | | | | | | | | | | |
| | Lane 3 | | Lane Swim | | Family Swim | | | Lane Swim | Family Swim | | | | | | Lane Swim |
| | Lane 4 | | | | Family Swim | | | | Family Swim | | | | | | |

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| WED | Lane 1 | | Lane Swim | | Lane Swim | | | Lane Swim | Lane Swim | | | | | | Lane Swim |
| | Lane 2 | | | | | | | | | | | | | | |
| | Lane 3 | | Lane Swim | | Family Swim | | | Lane Swim | Family Swim | | | | | | Lane Swim |
| | Lane 4 | | | | Family Swim | | | | Family Swim | | | | | | |

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| THUR | Lane 1 | | Lane Swim | | Lane Swim | | | Lane Swim | Lane Swim | | | | | | Lane Swim |
| | Lane 2 | | | | | | | | | | | | | | |
| | Lane 3 | | Lane Swim | | Family Swim | | | Lane Swim | Family Swim | | | | | | Lane Swim |
| | Lane 4 | | | | Family Swim | | | | Family Swim | | | | | | |

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| FRI | Lane 1 | | Lane Swim | | Lane Swim | | | Lane Swim | Lane Swim | | | | | | Lane Swim |
| | Lane 2 | | | | | | | | | | | | | | |
| | Lane 3 | | Lane Swim | | Family Swim | | | Lane Swim | Family Swim | | | | | | Lane Swim |
| | Lane 4 | | | | Family Swim | | | | Family Swim | | | | | | |

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| SAT | Lane 1 | | Lane Swim | | Lane Swim | | | Lane Swim | Lane Swim | | | | | | Lane Swim |
| | Lane 2 | | | | | | | | | | | | | | |
| | Lane 3 | | Lane Swim | | Family Swim | | | Lane Swim | Family Swim | | | | | | Lane Swim |
| | Lane 4 | | | | Family Swim | | | | Family Swim | | | | | | |

| | | 6.30am | 7-8am | 8-9am | 9-10am | 10-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 5-6pm | 6-7pm | 7-8pm |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| SUN | Lane 1 | | | Lane Swim | Lane Swim | | | Lane Swim | Lane Swim | | | | | | Lane Swim |
| | Lane 2 | | | | | | | | | | | | | | |
| | Lane 3 | | | Lane Swim | Family Swim | | | Lane Swim | Family Swim | | | | | | Lane Swim |
| | Lane 4 | | | | Family Swim | | | | Family Swim | | | | | | |