

# PLAY SAFE, STAY SAFE

## PLAYER GUIDELINES FOR RETURNING TO COURT SAFELY

- 1 Check first**  
Before booking a court, check that your club/venue is open and what their current rules/policies are
- 2 Book in advance**  
No play without prior booking
- 3 Sign in and out**  
Follow your club/venue's sign-in rules
- 4 Maintain good personal hygiene**  
Wash your hands frequently, including before and after you play
- 5 Bring your own towel and water bottle**  
Showers and café facilities may be closed
- 6 Make time**  
The court booking schedule may have changed, so arrive on time (not early), ready to play and leave promptly
- 7 Keep your distance**  
Ensure that you adhere to current social distancing guidelines at all times
- 8 Be kind**  
Respect your club/venue rules and be kind to fellow members so that we can continue to enjoy squash together
- 9 Stay home**  
If you or anyone in your household are unwell, even with mild symptoms, please do not come to the club/venue. Follow NHS guidelines and report your symptoms to the club/venue for contact tracing purposes