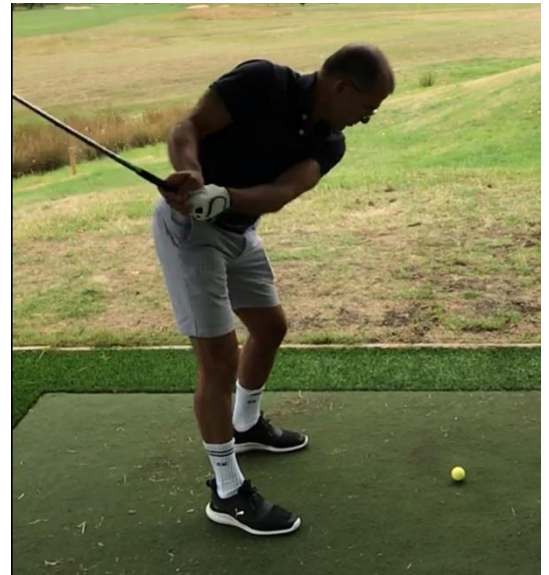


First Tee Talk

Make the most of what you have, or make it better? Making it better produced a hole in one for Mr Williams

I have had a tremendous amount of fun with Member Richard Williams during the four lessons we have had so far. Pictured right is the extent of his backswing when we started and I can say I have never seen so much distance created from such a short backswing in 30 years of coaching! I was truly startled, and Richard found this quite amusing. As a result of this very limited backswing, his follow through was limited too and looked a little flat footed. His resulting ball flight was very low with tonnes of roll. Not great for iron shots into the green and it meant the driver was gathering dust in his shed.



Within three lessons, Richard had worked very hard to create a much more orthodox position at the top. It is orthodox for a reason; science dictates this is the best angle to swing a club head to the back of a stationary golf ball.

The improvements

In the picture below, not only do we see a longer backswing, but we see a more upright one, which means his levers (the arms) are freer to swing and create swing speed through technique, not through aggression. His follow through is freer and easier on his back as well.





The results

Richard has played his best golf in a long time, chopped 0.6 off his handicap and had a hole in one! With his old ball flight, accurate iron shots have been difficult for him as the ball simply wouldn't stop on the green, so it is very rewarding to get that lovely bonus. His new ball flight is more than triple his old flight and far straighter.

How did we do it?

A lesson I learnt from Butch Harmon was to *'find the one big improvement which creates ten smaller improvements'*. In this case, the one big improvement was to swing the club more upright, which in turn lengthened the swing. If you look again at the old backswing position, there is simply nowhere to go – he was stuck. Richard responded very well to video

analysis on the iPad and this time the Trackman stayed in its box. Sometimes a swing improvement is best by feel and sight, not analysis.

To book a lesson with me, just text 07974403289 or email me richard.harrison@roehamptonclub.co.uk



Family and Cadet Golf events

Under guidance from the ruling bodies, events are still limited, but please do let me know if you want to join in the Family Golf events when we resume normality. These events take place on Sunday afternoons, dates TBC and the more we have signed up the better:

richard.harrison@roehamptonclub.co.uk

Also, the Cadet programme will hopefully be up and running soon to get all our aspiring players competing and socialising together. Please email me your mobile details to join our WhatsApp group which is run by Members for Members;

richard.harrison@roehamptonclub.co.uk

Enjoy your golf.

Richard Harrison | Head Golf Pro |

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