

Indoor Pool timetable

4th March – 29th November 2020 | Term Time

		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm		
MON	Lane 1	Adult ONLY Swim				Lane Swimming		Adult TS	Adult ONLY Swim	Lane Swim	Childrens Swim Lessons					Adult TS	Adult ONLY Swim	
	Lane 2					Lane Swimming				Childrens Swim Lessons								
	Lane 3					Aqua 9.30 -10.15am	General Swim				Lane Swimming							
	Lane 4										General Swim			Childrens Swim Lessons				General Swim
		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm		
TUES	Lane 1	Adult ONLY Swim				Lane Swimming		Adult ONLY Swim	Beg Adult Swim	Childrens Swim Lessons					Lane Swim		Adult ONLY Swim	
	Lane 2					Lane Swimming			Lane Swimming									
	Lane 3					Aqua 10.05 am -10.50am	HS		Lane Swimming					General Swim	General Swim			
	Lane 4								Childrens Swim Lessons			General Swim						
		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm		
WED	Lane 1	Adult ONLY Swim				Adult TS	Lane Swimming		Adult ONLY Swim	Lane Swim	Childrens Swim Lessons					Lane Swim		Adult ONLY Swim
	Lane 2						Lane Swimming			Lane Swimming								
	Lane 3						General Swim	Aqua 11.15 am-12pm		Lane Swimming					General Swim	General Swim		
	Lane 4									Childrens Swim Lessons			General Swim					
		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm		
THUR	Lane 1	Adult ONLY Swim				Adult TS*	Lane Swimming		Adult ONLY Swim	Lane Swim	Childrens Swim Lessons					Lane Swim		Adult ONLY Swim
	Lane 2						Lane Swimming			Lane Swimming								
	Lane 3						General Swim	Aqua 11.15 am-12pm		Lane Swimming					General Swim	General Swim		
	Lane 4									Childrens Swim Lessons			General Swim					
		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm		
FRI	Lane 1	Adult ONLY Swim				Lane Swimming		Adult ONLY Swim	Lane Swim	Childrens Swim Lessons					Lane Swim		Adult ONLY Swim	
	Lane 2					Lane Swimming			Lane Swimming									
	Lane 3					Aqua 9.30 -10.15am	GS		HS	GS	Lane Swimming					General Swim		
	Lane 4										Childrens Swim Lessons			General Swim				
		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm			
SAT	Lane 1		Adult ONLY Swim		Childrens Swim Lessons		Adult ONLY Swim	Lane Swim	Float Session	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	Adult ONLY Swim			
	Lane 2				Lane Swimming			Lane Swim										
	Lane 3				Aqua 9 - 9.45am	General Swim		General Swim										
	Lane 4																	
		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm			
SUN	Lane 1		Adult ONLY Swim		Childrens Swim Lessons		Adult ONLY Swim	Lane Swim	Float Session	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	Adult ONLY Swim			
	Lane 2				Lane Swimming			Lane Swim										
	Lane 3				HS*	General Swim		General Swim										
	Lane 4																	

Indoor Pool timetable

4th March – 29th November 2020 | Non Term Time

		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
MON	Lane 1	Adult ONLY Swim				Crash Courses		Adult ONLY Swim	Crash Courses		Lane Swimming					Adult ONLY Swim
	Lane 2					Lane Swimming			Lane Swimming							
	Lane 3					Aqua 9.30 -10.15am	General Swim		General Swim	CAMPS	General Swim					
	Lane 4															
		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
TUES	Lane 1	Adult ONLY Swim				Crash Courses		Adult ONLY Swim	Crash Courses		Lane Swimming					Adult ONLY Swim
	Lane 2					Lane Swimming			Lane Swimming							
	Lane 3					Aqua 10.05 am -10.50am	HS		General Swim	CAMPS	General Swim					
	Lane 4															
		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
WED	Lane 1	Adult ONLY Swim				Crash Courses		Adult ONLY Swim	Crash Courses		Lane Swim	Float Session	Lane Swimming			Adult ONLY Swim
	Lane 2					Lane Swimming			Lane Swimming							
	Lane 3					General Swim	Aqua 11.15 am - 12pm		General Swim	CAMPS	General Swim		HS			
	Lane 4															
		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
THUR	Lane 1	Adult ONLY Swim				Crash Courses		Adult ONLY Swim	Crash Courses		Lane Swimming					Adult ONLY Swim
	Lane 2					Lane Swimming			Lane Swimming							
	Lane 3					General Swim	Aqua 11.15 am - 12pm		General Swim	CAMPS	General Swim					
	Lane 4															
		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
FRI	Lane 1	Adult ONLY Swim				Crash Courses		Adult ONLY Swim	Crash Courses		Lane Swimming					Adult ONLY Swim
	Lane 2					Lane Swimming			Lane Swimming							
	Lane 3					Aqua 9.30 -10.15am	GS		HS	GS	General Swim	CAMPS	General Swim			
	Lane 4															
		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
SAT	Lane 1		Adult ONLY Swim		Lane Swimming		Adult ONLY Swim	Lane Swim		Float Session	Lane Swimming		General Swim	General Swim		Adult ONLY Swim
	Lane 2				Lane Swimming			Lane Swim			Lane Swimming					
	Lane 3				Aqua 9 - 9.45am	General Swim		General Swim	General Swim							
	Lane 4															
		6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
SUN	Lane 1		Adult ONLY Swim		Lane Swimming		Adult ONLY Swim	Lane Swim		Float Session	Lane Swim		Pool Party*	Lane Swimming		Adult ONLY Swim
	Lane 2				Lane Swimming			Lane Swim			Lane Swimming					
	Lane 3				HS*	General Swim		General Swim	General Swim		General Swim					
	Lane 4															

Outdoor Pool opening and closing times

Month	Weeks	Monday – Friday	Saturday	Sunday
March	2/3/20 – 8/3/20	7am – 5:30pm	7am – 5:30pm	7:30am – 5:30pm
March	9/3/20 – 22/3/20	6:30am – 6pm	7am – 6pm	7:30am – 6pm
March	23/3/20 – 28/3/20	6:15am – 6:30pm	7am – 6:30pm	7:30am – 6:30pm
March (clocks go forward 1 hour)	29/3/20			7:30am – 7:15pm
April	30/3/20 – 5/4/20	6:15am – 7:45pm	7am – 7:30pm	7:30am – 7:30pm
April – May	6/4/20 – 3/5/20	6:15am – 8pm	7am – 7:30pm	7:30am – 7:30pm
May – August	4/5/20 – 23/8/20	6:15am – 8:30pm	7am – 7:30pm	7:30am – 7:30pm
August – September	24/8/20 – 30/8/20	6:15am – 8pm	7am – 7:30pm	7:30am – 7:30pm
September	31/8/20 – 6/9/20	6:15am – 7:45pm	7am – 7:30pm	7:30am – 7:30pm
September	7/9/20 – 13/9/20	6:30am – 7:30pm	7am – 7:30pm	7:30am – 7:30pm
September	14/9/20 – 20/9/20	6:45am – 7:15pm	7am – 7:15pm	7:30am – 7:15pm
September	21/9/20 – 27/9/20	6:45am – 7pm	7am – 7pm	7:30am – 7pm
September / October	28/9/20 – 4/10/20	7am – 6:30pm	7am – 6:30pm	7:30am – 6:30pm
October	5/10/20 – 11/10/20	7:15am – 6:15pm	7:15am – 6:15pm	7:30am – 6:15pm
October	12/10/20 – 18/10/20	7:30am – 6:00pm	7:30am – 6pm	7:30am – 6pm
October	19/10/20 – 24/10/20	7:30am – 5:45pm	7:30am – 5:45pm	7:30am – 5:45pm
October (clocks go back 1 hour)	25/10/20	-	-	7:30am – 4:30pm
October / November	26/10/20 – 1/11/20	7:30am – 4:30pm	7am – 4:30pm	7:30am – 4:30pm
November	2/11/20 – 8/11/20	7:15am – 4:15pm	7:15am – 4:15pm	7:30am – 4:15pm
November	9/11/20 – 15/11/20	7:15am – 4pm	7:15am – 4pm	7:30am – 4pm
November	16/11/20 – 22/11/20	7:30am – 4pm	7:30am – 4pm	7:30am – 4pm
November	23/11/20 – 29/11/20	7:45am – 3:45pm	7:45am – 3:45pm	7:45am – 3:45pm

The Outdoor Pool will open and close in line with sunrise and sunset times and will close 30 minutes before the Health Club closes.

Outdoor Pool timetable 4th March – 29th November 2020

Pool opening and closing times are subject to daylight hours and will change from month to month, see seasonal timetable above.

	6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
Lane 1	Adult ONLY Swim			Lane Swimming										Adult ONLY Swim	
Lane 2				Lane Swimming											
Lane 3				General Swim											
Lane 4															
	6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
Lane 1	Adult ONLY Swim			Lane Swimming										Adult ONLY Swim	
Lane 2				Lane Swimming											
Lane 3				General Swim											
Lane 4															
	6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
Lane 1	Adult ONLY Swim			Lane Swimming										Adult ONLY Swim	
Lane 2				Lane Swimming											
Lane 3				General Swim											
Lane 4															
	6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
Lane 1	Adult ONLY Swim			Adult TS*	Lane Swimming										Adult ONLY Swim
Lane 2					Lane Swimming										
Lane 3				General Swim											
Lane 4															
	6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
Lane 1	Adult ONLY Swim			Lane Swimming										Adult ONLY Swim	
Lane 2				Lane Swimming											
Lane 3				General Swim											
Lane 4															
	6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
Lane 1		Adult ONLY Swim		Lane Swimming			General Swim			Water Polo*	General Swim		Lane Swimming	Adult ONLY Swim	
Lane 2				Lane Swimming									Lane Swimming		
Lane 3				General Swim											
Lane 4															
	6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
Lane 1			Adult ONLY Swim	Lane Swimming			General Swim					Lane Swimming	Adult ONLY Swim		
Lane 2				Lane Swimming								Lane Swimming			
Lane 3				General Swim											
Lane 4															
	6.30am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	
Lane 1			Adult ONLY Swim	Lane Swimming			General Swim					Lane Swimming	Adult ONLY Swim		
Lane 2				Lane Swimming								Lane Swimming			
Lane 3				General Swim											
Lane 4															
Lane 1			Adult ONLY Swim	Lane Swimming			General Swim					Lane Swimming	Adult ONLY Swim		
Lane 2				Lane Swimming								Lane Swimming			
Lane 3				General Swim											
Lane 4															
Lane 1			Adult ONLY Swim	HS*	General Swim									Adult ONLY Swim	
Lane 2				Lane Swimming			General Swim					Lane Swimming			
Lane 3				Lane Swimming								Lane Swimming			
Lane 4				General Swim											

* Please see timetable descriptions for seasonal activity variations.